

Remote Ergonomics Services

Remote consultations

We can help you find and fix hazards even when we can't visit you in person.

We will:

- Send you some basic questions about the job(s) that you want us to look at.
- Ask you to send photos or videos to show us how the work is being done.
- Schedule a phone or online meeting to discuss your concerns, and go over our analysis and recommendations.
- Follow up later to make sure our services met your needs.

Remote training

In addition to our [online, self-paced training courses](#), we can provide customized, interactive presentations such as:

- Training for safety committees or ergonomics teams on analysis and problem solving methods.
- Review of findings from remote consultations combined with training on ergonomics principles.
- Webinars for larger groups on a variety of ergonomics topics.

Ask an Ergonomist

You can [send us an email](#) to get a quick response to questions such as:

- What solution options are there for a specific hazard.
- How to set safer limits for activities like lifting, carrying, pushing and pulling.
- Where to find information on our website.

Contact us

To schedule remote services or learn more:

Email – Ergonomics@Lni.wa.gov

Call: (360) 902-5450