Su'aalaha Qoraalka ah ee Qiimeynta Caafimaadka ee DOSH Laga soo qaatey WAC 296-842-22005

Tilmaamo

Loo-shaqeeyayaasha:

* Xog-ururintan waxay ka soo baxaysaa shuruudaha WAC 296-842-14005.
* Waa in aad shaqaalahaaga u sheegtaa sida loo gaarsiiyo ama loogu diro su'aalaha qoraalka ah ee la buuxiyay bixiyaha daryeelka caafimaadka ee aad dooratey.
* Waa in **aadan** dib-u-eegin su'aalaha qoraalka ah ee shaqaalaha.

Bixiyeyaasha Daryeelka Caafimaad:

* Dib-u-eeg macluumaadka ku jira su'aalahan qoraalka ah iyo macluumaad kasta oo dheeraad ah oo uu ku siiyay loo-shaqeeyahaaga.
* Waxaad su'aalo ugu dari kartaa su'aalahan qoraalka si aad adiga go'aankeeda leedahay: haseyeeshee, su'aalaha ku qoran Qaybaha 1-3 waa la tirtiri karaa ama si weyn ayaa wax looga beddeli karaa.
* Qiimeyn dabagal ah ayaa loo baahan yahay oo loogu talagalay jawaabo kasta oo togan ee laga bixiyo su'aalaha 1-8 Qaybta 2aad, ama Su'aalaha 1-6 ee Qaybta 3aad. Tani waxaa ku jiri kara: Wadatashiyada lagu yeesho telefoonka si loo qiimeeyo jawaabaha togan, baaritaannada caafimaad, iyo habraaciyada baarista.
* Marka qiimeyntaadu ay dhammaato, u soo diri nuqulka talo-soo-jeedintaada qoran loo-shaqeeyaha iyo shaqaalaha.

Shaqaale:

* Loo-shaqeeyahaaga waa in uu kuu oggolaado in aad ka jawaabto su'aalahan qoraalka ah inta lagu guda jiro saacadaha caadiga ah ee shaqada, ama waqtiga iyo goobta ee adiga kugu habboon.
* Loo-shaqeeyahaaga ama kormeerahaaga waa in uusan marna eegin ama dib-u-eegin jawaabahaaga.

|  |  |  |  |
| --- | --- | --- | --- |
| **Qaybta 1 - Macluumaadka Raadraaca Shaqaalaha** |  |  |  |
| **ALL shaqaalaha waa in ay qaybtan buuxiyaan** |  |  |  |
| **Fadlan qor** |  |  |  |
| 1. Taariikhda maanta: |  |  |  |
| 2. Magacaaga: |  |  |  |
| 3. Da'daada (sannadka ugu dhow): |  |  |  |
| 4. Jinsi (mid goobaabin geli) Lab / Dheddig |  |  |  |
| 5. Dhererkaaga: cag inji. |  |  |  |
| 6. Culeyskaaga: rodol (lbs). |  |  |  |
| 7. Magaca Shaqadaada: |  |  |  |
| 8. Lambar telefoon oo uu kaala soo xiriiri karo xirfadlaha daryeelka caafimaad ee dib-u-eega su'aalahan qoraalka ah (ku dar Sumadda Degaanka): | | | |
| 9. Waqtiga ugu wanaagsan ee lagaa soo waci karo lambarkan: |  |  |  |
| 10. Loo-shaqeeyahaaga ma kuu sheegay sida loola xiriiro xirfadlaha daryeelka caafimaad ee dib u eegi doonno su'aalahan qoraalka ah? | Haa | / | Maya |
| 11. Calaamadee nooca qalabka(qalabyada) neefsashada ee aad adeegsan doonto: |  |  |  |
| a. Qalabka neefsashada N, R, ama P ee wejiga lagu xirto ee shaandhaynta leh (tusaale ahaan, af xirka la isaga difaaco busta, **AMA** qalabka neefsashada wejiga lagu xirto ee shaandhaynta leh ee N95). | | | |
| b. Calaamadee dhammaan kuwa ku habboon. |  |  |  |
| Af-xir nus ah Af-xir wejiga lagu xirto oo dhan Koofiyad hagoogan Baxsasho |  |  |  |
| Gasac daldaloola ama qasharka hawada sifeeya ee aan quwadda ku shaqeyn  Qalabka neefsashada ee quwadda ku shaqeeya ee hawada nadiifiya (PAPR) |  |  |  |
| Hawo-la-siiyo ama Khad-hawo |  |  |  |
| Qalab neefsasho oo iswata (SCBA): Dalab ama Dalab neefsasho |  |  |  |
| Kale: |  |  |  |
| 12. Miyaad horey u xiratay qalab neefsasho? | Haa | / | Maya |
| Haddii ay “haa” tahay, sharax nooca(noocyada): |  |  |  |
| **Qaybta 2 - Macluumaadka Guud ee Caafimaadka** |  |  |  |
| **ALL shaqaalaha waa in ay qaybtan buuxiyaan** |  |  |  |
| **Fadlan goobaabin geli “Haa” ama “Maya”** |  |  |  |
| 1. Miyaad *hadda* cabtaa sigaar, ama ma cabtey sigaar bishii la soo dhaafey? | Haa | / | Maya |
| 2. Miyay *abad* kugu dhaceen wax ka mid ah xaaladahan soo socda? |  |  |  |
| a. Qallal (suuxdin): | Haa | / | Maya |

|  |  |  |  |
| --- | --- | --- | --- |
| b. Sonkorow (Macaan): | Haa | / | Maya |
| c. Falcelinno xasaasiyad ah oo soo faragelisa neefsashadaada: | Haa | / | Maya |
| d. Ka cabsashada meel xiran ama daboolan (Claustrophobia): | Haa | / | Maya |
| e. Dhibaato wax urin la'aan: | Haa | / | Maya |
| 3. Miyay *abad* kugu dhaceen dhibaatooyinkan sambabbada ee soo socda? |  |  |  |
| a. Sambabbada oo ku jira macdan aan guban (Asbestosis): | Haa | / | Maya |
| b. Cudurka neefta: | Haa | / | Maya |
| c. Burukiito aan bixin: | Haa | / | Maya |
| d. Xanuunka laamaha sambabbada | Haa | / | Maya |
| e. Wareento: | Haa | / | Maya |
| f. Qaaxo: | Haa | / | Maya |
| g. Sambabbada oo ku jirta silica (Silicosis): | Haa | / | Maya |
| h. Ubac-wareen (sambab dumay): | Haa | / | Maya |
| i. Kaansarka sambabka: | Haa | / | Maya |
| j. Feero jajabay: | Haa | / | Maya |
| k. Qalliino ama dhaawac kasta oo soo gaara xabadka: | Haa | / | Maya |
| l. Dhibaato sambab kasta oo kale ee laguu sheegay: | Haa | / | Maya |
| 4. Miyaad *hadda* leedahay wax ka mid ah astaamahan soo socda ee jiro sambabbada ku dhacda ah? |  |  |  |
| a. Neefashada oo dhib kugu noqota: | Haa | / | Maya |
| b. Neefashada oo dhib kugu noqota marka aad si degdeg ah ugu socoto dhul siman ama aad dalcad ku socoto: | Haa | / | Maya |
| c. Neefashada oo dhib kugu noqota marka aad dad si caadi ah ugu la socoto dhul siman: | Haa | / | Maya |
| d. Ma u istaagtey neefsasha adiga oo dhul siman si caadi ah ugu socda: | Haa | / | Maya |
| e. Neefashada oo dhib kugu noqota marka aad qubeysanayso ama dhar xiranayso: | Haa | / | Maya |
| f. Neefashada oo dhib kugu noqota oo soo faragelisa shaqadaada: | Haa | / | Maya |
| g. Qufac soosaara xaako (xaako weyn): | Haa | / | Maya |
| h. Qufac ku soo toosiya subaxii hore: | Haa | / | Maya |
| i. Qufac inta badan yimaada marka aad jiifto: | Haa | / | Maya |
| j. Qufac dartii kaa yimid dhiig bishii la soo dhaafay: | Haa | / | Maya |

|  |  |  |  |
| --- | --- | --- | --- |
| k. Xiiqlayn: | Haa | / | Maya |
| l. Xiiqlayn soo faragelisa shaqadaada: | Haa | / | Maya |
| m. Xabad xannuun marka aad si qota-dheer u neefsato: | Haa | / | Maya |
| n. Astaamo kasta oo kale ee aad u maleynayso in ay la xiriiraan dhibaatooyinka sambabbada: | Haa | / | Maya |
| 5. Miyay *abad* kugu dhaceen dhibaatooyinkan wadnaha ee soo socda? | Haa | / | Maya |
| a. Wadne qabad: | Haa | / | Maya |
| b. Faalig: | Haa | / | Maya |
| c. Xanuunka laf-wadneedka: | Haa | / | Maya |
| d. Wadne Istaag: | Haa | / | Maya |
| e. Bararka lugahaaga ama cagahaaga (oo aan sababin socod): | Haa | / | Maya |
| f. Wadne gariir (wadne garaac aan caadi ahayn): | Haa | / | Maya |
| g. Caddaadiska dhiigga oo sarreeya: | Haa | / | Maya |
| h. Dhibaato wadne kasta oo kale ee laguu sheegay: | Haa | / | Maya |
| 6. Miyay *abad* kugu dhaceen astaamahan ama calaamadahan wadnaha ee soo socda? |  |  |  |
| a. Xanuun joogto ah ama giigsanaanta xabadka: | Haa | / | Maya |
| b. Xanuun ama giigsanaanta xabadkaaga inta lagu guda jiro dhaqdhaqaaq jireed: | Haa | / | Maya |
| c. Xanuun ama giigsanaanta xabadkaaga oo faragelinaysa shaqadaada: | Haa | / | Maya |
| d. 2dii sano ee la soo dhaafay, ma dareentay wadnahaaga oo ka gudbaya ama seegaya garaac: | Haa | / | Maya |
| e. Laab xanuun ama dheefshiid xumo aan la xiriirrin wax cunista: | Haa | / | Maya |
| f. Astaamo kasta oo kale ee aad u maleynayso in ay la xiriiraan dhibaatooyinka wadnaha ama wareegga dhiigga: | Haa | / | Maya |
| 7. Miyaad *hadda* qaadataa daawo loogu talagalay wax ka mid ah dhibaatooyinkan soo socda? | Haa | / | Maya |
| a. Neefsasho ama dhibaatooyin wadne: | Haa | / | Maya |
| b. Dhibaato wadne: | Haa | / | Maya |
| c. Dhiig kar: | Haa | / | Maya |
| d. Qallal (suuxdin): | Haa | / | Maya |
| 8. Haddii aad qalabka neefsashada adeegsatay, miyaad *abad* yeelatay wax ka mid ah dhibaatooyinkan soo socda? (Haddii aadan abad adeegsan qalabka neefsashada, calaamadee goobtan oo tag su'aasha 9aad:) |  |  |  |
| a. Cuncun indhaha ah: | Haa | / | Maya |
| b. Xasaasiyadaha maqaarka ama finan: | Haa | / | Maya |
| c. Walaac: | Haa | / | Maya |

|  |  |  |  |
| --- | --- | --- | --- |
| d. Dhacsaal ama daciifnimo guud: | Haa | / | Maya |
| e. Dhibaato kasta oo kale oo soo faragelinaysa adeegsigaaga qalabka neefsashada? | Haa | / | Maya |
| 9. Ma jeclaan lahayd in aad jawaabahaaga kala hadasho xirfadlaha daryeelka caafimaadka ee dib-u-eegi doonna su'aalahan qoraalka ah? | Haa | / | Maya |
| **Qaybta 3aad - Su'aalo Dheeraad ah oo loogu talagalay Adeegsadayaasha Qalabyada Neefsashada Wejiga Lagu Wada Xirto ama SCBAs** |  |  |  |
| **Fadlan goobaabin geli “Haa” ama “Maya”** |  |  |  |
| 1. *Waligaa ma lumisay* aragga indhaha midkood (si joogto ah ama si aan joogto ahayn)? | Haa | / | Maya |
| 2. Miyaad *hadda* leedahay wax ka mid ah dhibaatooyinkan aragga midkood? |  |  |  |
| a. U baahan in aan xirto xuub-arageed: | Haa | / | Maya |
| b. U baahan in aan xirto ookiyaalo: | Haa | / | Maya |
| c. Indho-beelka midabka: | Haa | / | Maya |
| d. Dhibaato kale oo aragga ama indhaha ah: | Haa | / | Maya |
| 3. Miyuu *abad* dhagaha kaa gaarey dhaawac, uu ku jiro dillaacidda durbaanka dhegta ee maqalka? | Haa | / | Maya |
| 4. Miyaad *hadda* leedahay wax ka mid ah dhibaatooyinkan maqalka? |  |  |  |
| a. Dhibaato maqal: | Haa | / | Maya |
| b. U baahan in aan xirto maqal kaabe: | Haa | / | Maya |
| c. Dhibaato kale oo maqalka ama dhegta ah: | Haa | / | Maya |
| 5. *Waligaa maku* a soo gaarey dhaawac dhabarka ah? | Haa | / | Maya |
| 6. Miyaad *hadda* leedahay wax ka mid ah dhibaatooyinkan lafaha iyo muruqyada ee soo socda? |  |  |  |
| a. Daciifnimada wax ka mid ah gacmahaaga, kafka, lugaha, ama cagaha: | Haa | / | Maya |
| b. Dhabar xanuun: | Haa | / | Maya |
| c. Kugu adag in aad si buuxda u dhaqaajiso gacmahaaga iyo lugahaaga: | Haa | / | Maya |
| d. Xanuun ama adkaansho aad ka dareento dhexda marka aad horey u soo foorarsato ama gadaad u noqoto: | Haa | / | Maya |
| e. Kugu adag in aad si buuxda hoos ama kor ugu qaado madaxaaga: | Haa | / | Maya |
| f. Kugu adag in aad si buuxda dhinacyada ugu wareejiso madaxaaga: | Haa | / | Maya |
| g. Kugu adag in aad jilbaha laabato: | Haa | / | Maya |
| h. Kugu adag in aad dhulka ku gadalloobsato: | Haa | / | Maya |
| i. Fuulidda jaran-jarro adiga oo qaadaya in ka badan 25 rodol (lbs): | Haa | / | Maya |
| j. Dhibaato laf ama muruq kale ee soo farageliya adeegsigaaga qalabka neefsashada: | Haa | / | Maya |

|  |  |  |  |
| --- | --- | --- | --- |
| **Qaybta 4aad - Su'aalo Ikhtiyaari ah** |  |  |  |
| **Buuxi su'aalaha qaybtan KELIYA HADDII bixiyaha daryeelka caafimaad ee loo-shaqeeyahaaga uu kuu sheego in ay lagama maarmaan yihiin** | | | |
| 1. Shaqadaada hadda, miyaad ka shaqeysaa joog sare (in ka badan 5,000 cag) ama meel leh wax ka yar qaddarka caafiga ah ee ogsijiinta? | Haa | / | Maya |
| Haddii ay “haa” tahay, ma dareentaa dawakhaad, neefta oo kugu adag, boodbood xabadkaaga ah, ama astaamo kale marka aad ku shaqeynayso xaaladahan: | Haa | / | Maya |
| 2. Waligaa ma ku wajahday (shaqada ama guriga) mileyaal/dareere khatar ah, kiimikooyin hawada ku jira oo khatar ah (sida gaasaska, qiiqa, ama boorka), **AMA** miyay maqaarkaagu gaareen kiimikooyin khatar ah? | Haa | / | Maya |
| Haddii ay “haa” tahay, sheeg kiimikooyinka, haddii aad garanayso: |  |  |  |
| 3. Miyaad waligaa ka shaqeysay wax ka mdi ah agabkan, ama wax ka mid ah xaaladahan, hoos ku xusan: | | | |
| a. Macdanka Asbestos? | Haa | / | Maya |
| b. Macdanta Silica (tusaale ahaan, buufinta ama afuufidda ciidda)? | Haa | / | Maya |
| c. Macdanta tungsten/cobalt (tusaale ahaan, shiishidda ama alxamidda agabkan)? | Haa | / | Maya |
| d. Macdanka beryllium? | Haa | / | Maya |
| e. Macdanta aluminum? | Haa | / | Maya |
| f. Dhuxul/coal (tusaale ahaan, qodidda)? | Haa | / | Maya |
| g. Bir/iron? | Haa | / | Maya |
| h. Bir/tin? | Haa | / | Maya |
| i. Deegaan bus badan? | Haa | / | Maya |
| j. Wax kaloo khatar ah oo ku soo gaarey ama wajahday? | Haa | / | Maya |
| Haddii ay “haa” tahay, qeex khatartan ku soo gaartey: |  |  |  |
| 4. Qor liiska shaqooyin labaad ama ganacsiyo gaar ah oo aad leedahay: |  |  |  |
| 5. Qor liiska shaqooyinkaagii hore: |  |  |  |
| 6. Qor liiska hiwaayadaha aad hadda leedahay iyo kuwo hore? |  |  |  |
| 7. Miyaad ku jirtay adeegyada militeriga? | Haa | / | Maya |
| Haddii ay “haa” tahay miyay kugu soo gaareen maadooyin kiimiko ama noole ah (midkood tababar ama dagaal)? | Haa | / | Maya |
| 8. Waligaa maka shaqeysay kooxda HAZMAT? | Haa | / | Maya |
| 9. Ka sokow daawooyinka dhibaatooyinka neefsashada iyo sambabbada, dhibaato wadne, dhiig kar, iyo qallal ee kol hore lagu sheegay su'aalahn qoraalka ah, miyaad qaadanaysaa daawooyin kale oo aad u qaadato sabab kasta oo kale (oo ay ku jiraan daawooyinka farmashiyaha la isaga soo iibsado rijeeto la'aan)? | Haa | / | Maya |

|  |  |  |  |
| --- | --- | --- | --- |
| Haddii ay “haa” tahay, sheeg daawooyin haddii aad garanayso: |  |  |  |
| 10. Miyaad la adeegsan doontaa wax ka mid ah agabkan soo socda qalabkaaga(qalabyadaada) neefsashada? |  |  |  |
| a. Miirayaasha HEPA: | Haa | / | Maya |
| b. Gasacyo daldaloolan (tusaale ahaan, af-xirada gaaska): | Haa | / | Maya |
| c. Qasharka hawada sifeeya (Cartridges): | Haa | / | Maya |
| 11. Immisa jeer ayaa lagaa filayaa in aad isticmaasho qalabka(qalabyada) neefsashada? |  |  |  |
| a. Baxsasho-oo-keliya (badbaadin la'aan): | Haa | / | Maya |
| b. Badbaadinta xaaladaha degdegga ah oo keliya: | Haa | / | Maya |
| c. In ka yar 5 saacadood *toddobaadkii.* | Haa | / | Maya |
| d. In ka yar 2 saacadood *maalintii*: | Haa | / | Maya |
| e. 2 ilaa 4 saacadood maalintii: | Haa | / | Maya |
| f. In ka badan 4 saacadood maalintii: |  |  |  |
| 12. Intii lagu guda jiray muddadii aad adeegsanaysay qalabka(qalabyada) neefsashada, miyuu dadaalka shaqadaada ahaa: |  |  |  |
| a. *Mid fudud* (in ka yar 200 kcal saacadii): | Haa | / | Maya |
| Haddii ay “haa” tahay, muddo intee le'eg ayay soconaysaa muddadan inta lagu guda jiro kaltanka shaqada ee dhexdhexaadka ah: saac daqiiqo |  |  |  |
| Tusaalooyinka shaqada dadaalka fudud waa in iyada oo la fadhiyo wax la qoro, teeb lagu qoro, qoraal diyaarin, ama qabashada shaqo isku xirxirid fudud ah; ama istaagidda iyada oo laga shaqeynaya qalab-gacneed wax lagu dallooliyo(1-3 rodol) ama kantaroolidda mashiinno. | | | |
| b. *Dhexdhexaad ah* (200 ilaa 350 kcal saacadii): | Haa | / | Maya |
| Haddii ay “haa” tahay, muddo intee le'eg ayay soconaysaa muddadan inta lagu guda jiro kaltanka shaqada ee dhexdhexaadka ah: saac daqiiqo |  |  |  |
| Tusaalooyinka dadaalka shaqada dhexdhexaadka ah waa in la fadhiisto iyada oo wax la musbaarayo ama la soofeynayo; in gaari xamuul ama bas lagu wado magaalo; istaagidda iyada oo wax la daloolinaya, la musbaaraya, qabashada shaqo isku xirxirid, ama qaadista culeys dhexdhexaad ah (ku dhowaad 35 rodol (Ibs.)) oo ah heerka dhexda qofka; ku socoshada dhul siman ku dhowaad 2 mph ama ka hoose heer 5-darajo ah 3 mph; ama riixidda gaari-gacan saaran rar culus (ku dhowaad 100 rodol) oo lagu riixo dhul siman. | | | |
| c. *Culus* (ka badan 350 kcal saacaddii): | Haa | / | Maya |
| Haddii ay “haa” tahay, muddo intee le'eg ayay soconaysaa muddadan inta lagu guda jiro kaltanka shaqada ee dhexdhexaadka ah: saac daqiiqo |  |  |  |
| Tusaalooyinka shaqada culus waa in aad qaado rar culus (ku dhowaad 50 rodol) oo aad ka qaadayso dhulka adiga oo gaarsiinaya ilaa dhexdaada ama garabkaaga; ka shaqeynta rar dejin; badeel darid; in iyada oo la taagan yahay la goglo dhagaxaan guryaha lagu dhiso ama qar-jabin; ku socoshada darajo 8-digrii ah ku dhowaada 2 mph; in rar ama wax culus lala fuulo jaran-jarro (ku dhowaad 50 rodol). | | | |
| 13. Ma xiran doontaa qalabka iyo/ama dharka is-ilaalinta (oo aan ahayn qalabka neefsashada) marka aad adeegsanayso qalabkaaga neefsashada? | Haa | / | Maya |
| Haddii ay “haa” tahay, qeex qalabkan iyo/ama dharkan is-ilaalinta: |  |  |  |
| 14. Miyaad ku shaqeyn doontaa xaalado kulul (heerkul dhaafsiisan 77°F): | Haa | / | Maya |
| 15. Miyaad ku shaqeyn doontaa xaalado huur/qoyan uu jiro? | Haa | / | Maya |

|  |
| --- |
| 16. Sharax shaqada aad qaban doonto inta aad adeegsanayso qalabkaaga(qalabyadaada) neefsashada: |
| 17. Sharax xaalad kasta oo khatar ama gaar ah ee laga yaabo in aad la kulanto marka aad adeegsanayso qalabkaaga neefsashada (tusaale ahaan, goobo xiran ama daboolan, gaas nafta halis-gelinaya): |
| 18. Bixi macluumaadkan soo socda, haddii aad garanayso, wax kasta oo sun ah ee ku soo gaari doonta marka aad adeegsanayso qalabkaaga(qalabyadaada) neefsashada: |
| Magaca waxa sunta ah ee koowaad: |
| Heerka gaarista ugu badan ee la qiyaasay kaltan kasta: |
| Muddada gaarista ee kaltan kasta: |
| Magaca waxa sunta ah ee labaad: |
| Heerka gaarista ugu badan ee la qiyaasay kaltan kasta: |
| Muddada gaarista ee kaltan kasta: |
| Magaca waxa sunta ah ee saddexaad: |
| Heerka gaarista ugu badan ee la qiyaasay kaltan kasta: |
| Muddada gaarista ee kaltan kasta: |
| Magaca walax kasta oo kale oo sun ah ee laga yaabo in aad wajahdo inta aad adeegsanayso qalabkaaga neefsashada: |
| 19. Sharax mas'uuliyado kasta oo gaar ah oo aad yeellan doonto inta aad adeegsanayso qalabkaaga neefsashada ee laga yaabo in uu saameeyo bedqabka iyo fayoqabka dadka kale (tusaale ahaa, badbaadada, amniga). |

[Awoodda Sharciga: RCW 49.17.010, .040, .050, iyo .060. 17-18-075 (Amarka 16-17), § 296-842-22005, la xareeyay 09/05/2017, dhaqangey 10/06/2017. Awoodda Sharciga: RCW 49.17.050. 09-19-119 (Amarka 09-02), § 296-842-22005, la xareeyay 09/22/09, dhaqangey 12/01/09. Awoodda Sharciga: RCW 49.17.010, .040, .050, iyo .060. 07-05-072 (Amarka 06-39), § 296-842-22005, la xareeyay 02/20/07, dhaqangey 04/01/07. Awoodda Sharciga: RCW 49.17.010, .040, .050, iyo .060. 03-20-114 (Amarka 02-12), § 296-842-22005, la xareeyay 10/01/03, dhaqangey 01/01/04.]